# **Newcastle Ramblers Bushwalking Club**

PO Box 719 Charlestown NSW 2290

www.newcastleramblers.org.au

## Spring-Summer Programme 2024 (Updated 8 November)

Activity Grading details are set out at the end of the program

#### TO SUBMIT AN ACTIVITY:

Email details to WALKS OFFICER at ramblerswalksofficer@gmail.com

#### TO JOIN AN ACTIVITY:

It is **essential** to contact (text, phone or email) the Leader at least 48 hours before the activity is scheduled to begin.

#### TO ATTEND A CLUB MEETING:

Club Meetings are held at 7:30pm on the 1st and 3<sup>rd</sup> Mondays of each month at our Uniting Church Hall, 24 Milson St, Charlestown.

DW: Day Walk, TW: Twilight Walk, BF: Breakfast Walk, BP: Backpack BR: Bike Ride CC: Car Camp PA: Paddle

### **Yellow Highlighting indicates NSW School Holidays**

		November		
2 Nov	Sat	Remote First Aid Training- 9am till 3pm - Garden Suburbs Church Hall – Cnr Marshall and Prospect Streets - Contribution of \$ 25 - Presenter Kylie Ledger. No certificate at completion of workshop. BYO morning tea & lunch Everyone enjoyed this interesting workshop when last run 2 years ago	NOTE CHANGE OF VENUE	Bob C 0417624091
3 Nov	Sun	Day Walk TBA		
4 Nov	Mon	Regular Meeting Walks Planning for Summer Programme Supper - Peter Crawley		
6 Nov	Wed	B/R Stockton to Fullerton Cove return, ~30 km, Flat, mostly on bike path, suitable for all types of bikes,— chance to check out the extension of the cycleway through Fern Bay, hopefully finished by then!	Meet at Stockton fer ry wharf at 8.50 am or Newcastle ferry wharf for the 8.45 am ferry	Philippa H 0402844147
9 Nov	Sat	Day Walk Cascades at Saggers Creek (G3/200m/10km) Road walk from Mill Creek near Stroud to visit cascades and swimming holes. Follow the creek up to the famous Carburettor cossing!		Arthur R 0408 943 282
10 Nov	Sun	BW Caves to Murray's Beach (G4/4.5km/200m)  Early morning walk from Caves Beach to Murray's Beach, followed by breakfast at Murray's Restaurant. Contact leader by Friday night for booking. Swansea map		David M 0427 783059

10-17 Nov	Sun to Sun	BP – Snowy Mountains – Easier backpack and day walks – (Easy G4-5)  My planned walk this year is for more Snowy Hut discoveries in the Tantangara Dam Area	Drive down arrangeme nts TBA	Bob C 0417624091
		Drive down via Cooma to Namadgi NP and walk 4km to Waterhole Hut on the Settlers Track to camp, next drive to		
		Tantangara area and walk 6km to Scofield Hut to camp for two nights and a daywalk in the location, then walk 10km		
		south to Gavels Hut to camp and next day walkout 5km to vehicles, and drive and walk 4km to Hainsworth Hut on		
		Long Plain for the night, before 10km walk over to Old Currango Hut to camp. Return 5km to vehicles and head		
		down to Tumut/Adelong for the night. Limited numbers to 8 – full detailed maps and itinerary		
13 Nov	Wed	available. Maps: 1:25000 Tantangara, Denison, Rules Point  Day Walk – Glenrock Circuit Walk Grade 3/4,		Tracy H
13 1404	wed	approximately 8 kms, 3 hrs Circuit walk through Glenrock State Conservation Area starting at Merewether Baths. Fire trails, some rock		0414 843 024
		scrambles, beach walking and steep climbs. Bring morning tea and water.		
		Please contact leader if you wish to join		
14 Nov	Thur	Twilight Walk Hamilton Heritage Walk		Margaret C 0412 194 194
16 Nov	Sat	BW Fassifern to Toronto (G1/8.5km/0m) - The walk will start at Fassifern Station carpark. It will follow		David M 0427 783059
		the old railway line into Toronto, with a deviation to		
		Blackalls Park. Breakfast will be at Toronto - either at a cafe or bring your own to eat on the waterfront. Return to		
		Fassifern afterwards along the same track. We will be back at the cars about 10am.		
17 Nov	Sun	Day Walk Greens Break		Margaret C
		Walk on old tracks to historic spots in the Watagans. Approx 12-13 km.		0412 194 194
18 Nov	Mon	Regular Meeting Photo Comp		
		Supper - Angela Longworth		
18-22 Nov	Mon	Car Camp Booti Booti National Park south of Foster		Lynne M
	- Thur	Ruins camping area. Booking essential 0265910300 or online > Canoeing, fishing, walking and swimming. > Hot		0401 618092
	mui	showers and water.		
20 Nov	Wed	B/R Redhead to Caves Beach return, ~ 40 km,	9 am start from Liles	Philippa H
		Exploring new section of Fernleigh Track south of Belmont, mostly flat, suitable for all bike types,	Oval car park, Cowlishaw Street, Redhead	0402844147
21 Nov	Thur	Twilight walk Port Stephens (G3-G4)		Pamela G
		Walk in the bush behind the Tomaree hospital then dine at Authentic Thai for dinner.		0429 600 121
23 Nov – 1	Sat –	BP Victorian High Country *G5/61km/3230m/9 days (5	ТВА	Meg W
Dec	week	days walking and 4 days travelling and Car Camping)		0400669937
	Sun	Mainly on footpad, including sections of the AAWT.		

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		N.B. Travel time/car shuffles not included in the 5 days.		
		Additional days required at either end of the walk, which		
		will involve car camping/caravan parks TBA.		
		Route includes: Mt Lovick, Mt Magdala, Mt Howitt and		
		Mac Springs, Crosscut Saw, Mt Cobbler and Lake Cobbler.		
		Opportunities to explore the local region.		
		Maps and hiking notes to be supplied online later. Limited		
		Numbers.		
23 Nov	Sat	Day Walk Telegherry Creek Falls		Malcolm M
24 Nov	Sun	BW Mt Sugarloaf (BYO breakfast) (G4/5km/70m) -		David M
211101	Jui	Start from the picnic area below Sugarloaf, and walk down		0427 783059
		the main road to a track leading off left. Follow that track		0127 700003
		around to the northern spur of Sugarloaf and climb up to		
		the picnic area. But not for breakfast! Continue around the		
		western side of the peak and return via the southern side		
		for BYO breakfast. Electric and wood barbecues, bring a		
		stove or just cereal or fruit. Optional climb 50m to top of		
		·		
		Sugarloaf. Could be mossies. Wallsend map.		
ļ				
27 Nov	Wed	Day Walk		Tracy H
				0414 843 024
30 Nov	Sat	Day Walk TBA		
		December		
1 Dec	Sun	Day Walk TBA		
2 Dec	Mon	Regular Meeting		
2 500	101011	Presentation Cape to Cape WA Jenny K		
		Supper - Marg and Brett Bennie		
3 Dec	Tues	T/W Tanilba Bay – G3/6km/ level 1.5hr	Meet at Fern	Bob Clifton
3 Dec	rucs	Foreshore walk from the Tilligerry Nature Reserve to	Bay	0417624091
		Sunset Point for a sunset dinner in the park. Explore the	(opposite	0117021031
		nature reserve. Short car shuffle required	Coffee Shop)	
		nature reserve. Short car shame required	at 5.00pm to	
			car pool and	
			drive to start	
			of walk	
4 Dec	Wed	B/R TBA		
7 Dec	Sat	Ramblers Christmas Party and Possible Day Walk		
		Details TBA		
8 Dec	Sun	Day Walk TBA (Leader Required)		
7-15 Dec.	Sat-	BP. G5/7days.		Alan T.
	Sun	The walk is in 2 parts in Namadgi NP.		0419491612
		The first is a 2-day circuit BP from Mt. Clear campground in		
		the southern section of the park, mainly on track. We will		
		visit several of the historic huts in the area.		
		The second is a 5=day circuit, starting from Orroral		
		campground, heading west on the AWT, then SE to Mt.		
		Namadgi area. It is mainly off track and some exploratory.		
		We will spend a day climbing Mt. Namadgi, Mt Burbidge		
		and maybe Mt. Kelly, then continue east along Middle		
		creek and then north to Rendezvous creek area, finishing		
		back at Orroral Campground.		
		Maps Yaouk 86262N, Rendezvous Creek 8626-1S.		
		Limited numbers.		
11 Dec	Wed	Day Walk Ash Island		Malcolm
				0429 641 640
		1	I.	

14 Dec	Sat	Day Walk TBA		
15 Dec	Sun	Breakfast Walk Newcastle Foreshore		Kay E
				0412 561 801
16 Dec	Mon	Regular Meeting – Christmas Supper (Please bring a small		
		plate)		
21 Dec	Sat	Day Walk TBA		
22 Dec	Sun	Day Walk TBA		
25 Dec	Wed	Christmas Day		
28 Dec	Sat	Day Walk TBA		
29 Dec	Sun	Day Walk TBA		
27-31 Dec	Fri -	C/C Coolah Tops Annual Camp		Arthur R
	Tues	Bike riding walking and lazing about		0408 943 282
		January		
4 Jan	Sat	Day Walk TBA		
5 Jan	Sun	Day Walk TBA		
6 Jan	Mon	No Meeting		
8 Jan	Wed	B/R Broadmeadow to Booragul 8am start		Philippa H
		,		0402 844 147
8 Jan	Wed	D/W DANGER ISLAND G2/5km/50m/4.5hrs	Meet 2 <sup>nd</sup> last	Jenny Bourke
		Train to Hawkesbury River Station, then private ferry to	train	Text 0419 249
		bush land covered residential Island. Circuit track walk,	carriage –	335
		then bush track to lookout.	see notes for	
		Bring am tea & lunch. There is an option to have a coffee	times	
		at the Café, on the Ferry Wharf, before leaving the Island.		
		There are history/photo information boards to look at in		
		Brooklyn & toilets in the park nearby, while we wait for the		
		ferry.		
		Leader		
		Meet 2 <sup>nd</sup> last train carriage		
		Newcastle Interchange 6.39, Fassifern 7.09, Alight at Gosford 8.04. Leader to board at Fassifern		
		Then Catch Gosford 8.13 train Alight at Hawkesbury River Station		
		(Brooklyn) 8.38 am.		
		Brooklyn ferry leaves 9.25 am Adult \$10.90 one way.		
		Seniors/Concession \$5.50 one way, card preferred		
11 Jan	Sat	Day Walk TBA		
12 Jan	Sun	Day Walk TBA		51.00
	Wed	B/R Broadmeadow to Booragul 42 km return.	8 am at McDonald	Philippa H
		Ride to Wallsend, over the Tramway to Glendale, over Five	Jones	0402 844 147
		Island Bridge to Lake Macquarie Art Gallery for coffee.	stadium	
		Mostly on cycleway, suitable for all bikes.	(canal end of	
			car park)	
18 Jan	Sat	Day Walk TBA		
19 Jan	Sun	Day Walk TBA		
20 Jan	Mon	Regular Meeting		
		Presentation on Gliding Tracy and Peter		
		Supper Nell W		- 1 - 21:5
21 Jan	Tues	T/W The Newcastle Big Picture and Other Special Spots –	Meet at	Bob Clifton -
		G2/5km/ level	Pacific Park	0417624091
		A lazy walk to find all of Newcastle's big pictures. Along the	at 5.00pm	
		way check our some very interesting places hidden away in		
		Newcastle. Return from the Newcastle Interchange by light		
		rail for a meal at the Customs House.		

22 Jan	Wed	Day Walk 7:15 am Start		Tacy and Peter H
		Details TBA		0414 843 024
25 1	Cat	Dev. Melle TDA		
25 Jan	Sat	Day Walk TBA		
26 Jan	Sun	Australia Day Day Walk TBA		
29 Jan	wed	B/R Morpeth-Maitland loop, 24 km, mixed cycle paths &	Start from	Philippa
23 3411	Wea	quiet roads, flat,	Queens	0402 844 147
		1	Wharf Park	
			Morpeth at	
			8 am	
		February		
1 Feb	Sat	Day Walk TBA		
2 Feb	Sun	BW Munibung Hill 2 (G3/8km/170m)		David M
z reb	Sull	Meet at Lakelands Community Centre, Ambleside Circuit.		49546164
		Walk through the streets to the easterly spur up to the top		155 15104
		of Munibung. This is a fairly steep climb, but once up on		
		the top it is fairly easy going. Walk down to the southern		
		end and down to the lake. Walk back to Warners Bay		
		around the lake. Lovely views. May be a few mossies in		
		places. This will take about 2-2.5 hours. (Save 1km by		
		staying on Thompson Street instead of going down to the		
		lakeside.)		
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3 Feb	Mon	Regular Meeting		
		Walks Planning (March -May) Supper Kay E		
4 Feb	Wed	Day Walk		Tacy and Peter H
	,,,,,	Details TBA		0414 843 024
7-10 Feb	Fri -	CC Nundle Blackberry Picking and Looking around		Ingrid
	Mon			
8 Feb	Sat	Day Walk TBA		
9 Feb	Sun	Day Walk TBA		
11-13	Tues	C/C Barrington Tops – G3/G4 /up to 10km/ 100m		Bob Clifton
Feb 2024	- Thu	We will find a nice spot to camp and explore the Tops –		0417624091
		Details to be worked out – will be good		
12 Feb	\/\/od	B/R Magenta – Long Jetty – Chittaway Bay return along	8 am start	Dhilinna
17 LGD	Wed	Tuggerah Lake.	from car	Philippa 0402 844 147
		Mostly on cycle way, very flat, 32 km return	park at the	0702 044 147
		8am start	end of	
			Magenta	
			Drive, Magenta	
			Shores	
15 Feb	Sat	Day Walk TBA		
16 Feb	Sun	BW Swansea: Pirrita Island - Lakeside (G1/7km/0m) -		David M
		Meet at carpark in Channel Street Swansea, near Forbes		49546164
		Street. Follow the channel towards the lake, then the new		
		Pirrita Island boardwalk. Then along the lakeside before		
		returning to the cars for a short drive to breakfast or coffee		
		at Blacksmiths. Optional swim afterwards at Belmont baths		
17 Feb	Mon	and perhaps more coffee and/or lunch nearby.  Regular Meeting		
1/ 1 CD	IVIOII	Presentation – Europe 2024 - Ingrid		
		11636Hadion Europe 2027 Iligila	1	1

		Supper Malcolm		
19 Feb	Wed	Day Walk		Tacy and Peter H
		Details TBA		0414 843 024
23-Feb –		Back Pack 3 Capes Walk, Tasmania		David M
3 Mar		This is a three-night backpack staying in cabins with		49546164
		cooking equipment provided. The intention is to spend a		
		day in Hobart before the walk to collect any necessaries,		
		and a couple of days afterwards to have a look around		
		Hobart. Full details of the track here:		
		https://www.threecapestrack.com.au		
		Contact David M asap if interested. Flights need to be		
		booked as soon as possible to get cheap fares.		
26 Feb	Wed	B/R E Maitland - Phoenix Pk	Meet at	John H
		20-25 km, all on road.	Victoria	0418 236 730
		8am Start	Street Station car	
			park at the	
			dead end of	
			Victoria	
			Street at 8	
			am (7.29	
			train from	
			Newcastle	
			Interchange arrives at	
			7.55)	
		Future Events		
13 - 16		2025 Blue Mountains Music Festival – It's not too early to		
March 2025		start planning for this event by putting accommodation		
IVIGICII 2023		reservations in place – please advise me of your interest –		
		Bob Clifton 0417624091		
		200 Citton 041/024031		
May 2025		EOI for Community Planting Day In the Daintree with		Bob Clifton
,		Rainforest Rescue. A week of walks checking out some		0417624091
		tourist attraction in FNQ from Cairns. Participate with		
		Rainforest Rescue in a community planting day in the		
		Daintree at the end of May 2025. Fly up and back and hire		
		a car in Cairns.		

#### **Activity Grading**

The grade of the activity is represented by four numbers: the terrain, the distance, the altitude gain and the duration. It appears for example as G3/12km/200m/4hrs. The type of terrain is represented by a grade number: **Grade 1 (G1)** – On roads or tracks, mostly flat. **Grade 2 (G2)** – Mostly on tracks, low gradient, relatively flat terrain. **Grade 3 (G3)** – Mostly on tracks, some hilly sections, rougher terrain. **Grade 4 (G4)** – Steeper, rougher terrain, may be off track. **Grade 5 (G5)** – Mostly off track, difficult terrain. **Grade 6 (G6)** – Strenuous off-track walks. The distance is the number of kilometres to be covered. The altitude gain is the total of all the separate climbs in the activity. The duration is the actual time taken for the activity, not including travelling time.

Grading is subjective and cannot consider all possible factors, so if you are uncertain about the grade, the terrain, or the experience and fitness required, ask the leader for advice.

**Bookings:** are required for all activities unless otherwise specified. People leading an activity for the club may decline any request to attend. Visitors are welcome on walks with the permission of the leader and are covered by the Club's insurance. Obtain the leader's permission before bringing any other person on an activity or if considering leaving an

activity prematurely. People under the age of 18 must be accompanied by a responsible adult and are that person's responsibility for the duration of the activity. All participants are required to sign an Assumption of Risk (waiver) form.