

Newcastle Ramblers Bushwalking Club

PO Box 719 Charlestown NSW 2290

www.newcastleramblers.org.au

Winter Programme 2024 (Updated 31 July 2024)

Activity Grading details are set out at the end of the program

TO SUBMIT AN ACTIVITY:

Email details to WALKS OFFICER at ramblerswalksofficer@gmail.com

TO JOIN AN ACTIVITY:

It is **essential** to contact (text, phone or email) the Leader at least 48 hours before the activity is scheduled to begin.

TO ATTEND A CLUB MEETING:

Club Meetings are held at 7:30pm on the 1st and 3rd Mondays of each month at our Uniting Church Hall, 24 Milson St, Charlestown.

DW: Day Walk, TW: Twilight Walk, BF: Breakfast Walk, BP: Backpack BR: Bike Ride CC: Car Camp PA: Paddle

Winter Programme

JULY

1 July	Mon	Regular Meeting A presentation on members' recent trip to Japan Supper		
3 July	Wed	B/R Redhead to Blacksmiths return 25-30 km The ride will be via bike path with a small amount of road riding to Swansea via Blacksmiths Beach and return.	Liles Oval carpark at Redhead (off Kalaroo Rd) at 9am.	Sue H 0437 213221
4 July	Thur	D/W Karuah Hill Loop Walk (G4-5/ approx. 8 km /400m/4-5 hours approx.) Access Karuah Nature Reserve along an easement and then walk off-track. Climb the ridgeline for views across Karuah and Port Stephens. Lunch at the Karuah Trig – then ridge walk to finally descend back to the cars. A good opportunity to practice navigation skills Maps: Karuah and Port Stephens 1:25000	TBA	Lynne K 0435889233
6 July	Sat	D/W Walk Jerusalem Creek south loop. G4/1km/100m - Steep slippery walk down to base of 30m falls Then option to walk or drive to Picnic area to see Jerusalem Falls then drive up hill to walk to Dundungra Falls. Bring M/T & Lunch.		Malcolm M 0429641640
7 July	Sun	Day Walk TBA		
10 July	Wed	D/W Lyrebird Rainforest Walk in the Watagans from the Basin Camping ground – G3/7km/100m	8.00am Glendale McD	Bob C 0417624091
12-14 July	Fri-Sun	B/P Old Timor Creek Trail (G5/25-30 km approx/600m/3 days) Off track and exploratory walk to find and follow the Old Timor Creek Trail from the Hunter Range to Sandy Creek.		Lynne K 0435889233

		Return to the cars via the ridges surrounding Timor Creek. Maps: Mount Yengo and Moruben 1:25000		
13 July	Sat	Day Walk The Gap Servo Brunkerville to Wakefield (Great North Walk trail) via the Natural Arch (G3/10km/5hrs) Great views along sections of the trail. Amazing Natural Arch. It is a short walk, through open forest to the Natural Arch. Bring morning tea and lunch.	Meet at the Rural Fire Service building at Wakefield then there will be a car shuffle to the Gap Servo.	Frank Text 0402456459
14 July	Sun	Day Walk Giant's Leap and Phipps' Cutting (G3/3+4km/210+30m) Climb to a very prominent rock outcrop above Sandy Hollow for views up and down the Goulburn River Valley. Then drive along the Goulburn to Phipps' Cutting to walk the original road around Hope Hill. Bring afternoon tea for back at the cars. Sandy Hollow and Kerrabee maps.		David M 49546164
15 July	Mon	Regular Meeting Presentation on the Navigation Shield by Lois and Malcolm		
17 July	Wed	B/R Ash Island - 14km. Very flat - some surfaces gravel or potholed. Ride a circular route & return to the cars for our (byo) morning tea.	Meet at 9 am at Riverside Park at the end of The Lane, left off Milham Road.	Dale Graham 0428399083
19-21 July	Fri-Sun	CC. Navigation Shield. Adventure weekend run by NSW Emergency Services. Join one of the Ramblers Teams for this fun navigation competition. No experience necessary although we usually offer a training walk or two in the weeks before the actual Competition. Participants are advised of the location a few days before the comp. Usually within 2 or 3 hour drive from Sydney. Need to be set up by 6:00pm on the Friday night to collect Maps and for team to plan strategy. Club has compasses for loan – contact Alan 0419491612.	TBA	Angela: ramblerswalksoffi cer@gmail.com
20 July	Sat	Day Walk TBA		
21 July	Sun	Day Walk TBA		
24 July	Wed	Day Walk Pambalong Reserve (G3/10km) Check out land care on RVRT Optional lunch at Minmi Hotel		Ingrid W 0427553212
27 July	Sat	D/W Elrington to Abernethy's Pinnacle (G3/10km/240) In Aberdare State forest and quiet roads - some views		Arthur R 0408 943 282
28 July	Sun	Day Walk TBA		
31 July	Wed	B/R Circuit around Budgewoi Lake. 25 km. Easy, mostly level ride of about 25 km. Mixture of cycleways and quiet roads.	Meet at Slade Park Budgewoi at 10.00am.	Neil D 0422354639

		AUGUST		
3 August	Sat	D/W The Glen at Craven (G3/10km/250m)		Arthur R 0408 943 282
4 August	Sun	Day Walk TBA		
5 August	Mon	Regular Meeting Walks Planning Meeting for Spring-Summer Programme Supper Bob C		
7 August	Wed	Day Walk Leader Required		
8 August	Thur	Lower Stroud ride (23.3kms but one big gradual hill and some undulations.) We will be looking at the view, taking photos but getting along in between. Morning tea on a Creek. Should finish late morning so either lunch at the cars or people can get some after. Limit of 8/10. Ebikes must stay with the group.	Meet 8.30am at loos opposite Stroud showground for travel to Mill Creek area to start.	Sue 0427537339
9 August		Quorrobolong (Grade 3/ 13 km/morning) Figure 8 walk with nmorning tea in the middle at our place after the 1st walk. 1st Section: 7km on firetrails through Werakata conservation area. Rural views. 2nd Section: Loop to the West- Pelton road area. Some open bush walking - 6km. Lunch after on our verandah. Bring chairs	TBA – contact Sue	Sue 0427537339
10 August	Sat	Day Walk TBA		
11 August	Sun	Day Walk TBA		
14 August	Wed	B/R Carrington Circuit approx. 25 km Circuit from Carrington along Throsby Ck, through Mayfield and Waratah to the University. Return via Brickworks Park, Jesmond, Lambton and Broadmeadow. Cycle Paths and quietish roads; a bit up and down through the university.	10 am Connelly Park Fitzroy St Carrington 10 am	Philippa H 0402844147
17 August	Sat	Day Walk TBA		
18 August	Sun	Day Walk TBA		
19 August	Mon	Regular Meeting Presentation: Lisa's Camino story. Supper Kaye E		
20 August	Tues- Wed	Tue 20 Aug – Full Moon on Frying Pan Rock, Yengo NP. - Short O/N backpack or CC (G3/4) Easy off-track walks along Bala Range to discover Aboriginal engraving and art sites. Can only go ahead if I have a good 4WD to accompany me. Limited numbers – Otherwise an O/N car camp to Mogo Creek or Mill Creek	TBA	Bob Clifton 0417624091
21 August	Wed	DW Warners Bay - Cardiff South – Hillsborough Road Verge – Warners Bay circuit CWL (Coffee Walk Lunch) G3/6 klms /100 m/2.5 hours. Up to Cardiff South to have coffee & cake at a local Cart after this late start. Then wander through the bushland verge along Hillsborough Road with optional lunch at WATB Pub to finish. Pace - leisurely!	Meet: Warners At The Bay Pub Carpark (Hillsborough Road, Warners Bay) at 1030 hours	Craig W Text only 0405 615547
24 August	Sat	Day Walk TBA		
25 August	Sun	Day Walk TBA		

28 August	Wed	B/R TBA		
30 Aug – 1 Sept TBC - due to possible road closures	Fri-Sun	B/P The Pondage/ Gardens of Stone (G4-5 /approx 20 km /500m/3 days) (Off Track) Limited Numbers Maps: Ben Bullen 1:25000		Lynnek 0435889
31 August	Sat	Day Walk TBA		
1 Sept	Sun	Day Walk TBA		
2 Sept	Mon	Regular Meeting Presentation: “Antarctic Macquarie Island – the Huts of Shackleton & Scott.’ By Don and Michelle Stokes		
<i>Future Events</i>				
16 Sept		Regular Meeting Talk by Kate about shoe fitting Supper TBA		
16-22 Sept	Mon to a week Sun	Kanangra Walls, Yerranderie, and Wombeyan Caves - weeklong C/C trip of daywalks – G3/4. Details TBA. Limited numbers,		Bob Clifton 0417624091
19-22 Sept	Thur To Sun	Blue Mountains walking and Mid Mountain Garden Festival Come and enjoy a mixed weekend of walking and participating in a garden festival. Contact as soon as possible to book in and get information about how to book your camp spot. Attend all or part of the weekend. Numbers limited. The new Grand Cliff Top Walk - Wentworth Falls to Katoomba Day 1 Wentworth Falls to Leura commencing 1030 am Thursday 19 September Wentworth Falls Train station to Gordon Falls Leura 11 km ; well-formed new track some up and down. Day 2 Gordon Falls Leura to Scenic World Katoomba 9 km Friday 20 September: well-formed track some ups and downs Mid Mountain Garden Festival Saturday and Sunday 21 and 22 September Early morning walks to be negotiated 3-4 hours then attendance at the Mid Mountain Garden Festival a fund raiser for the last 40 years for Hazelbrook Public School. \$35 for 9 gardens see www.midmountaingardenfestival.com Camping at Katoomba Falls Blue Mountains Tourist Park (note our usual camp spot at Europa Glenbrook is closed due to prolonged roadworks)		Phone Anna Braithwaite ASAP on 0408612674 to book in and for information about securing your camp spot.
20-27 Oct	Sun-Sun	Yarrangobilly Caves House. (G2-G4) A week of DWs in Yarrangobilly Area and Snowy area. Accommodation at Yarrangobilly Caves House. Limited Numbers. Cost \$425pp. Deposit of \$200 to hold your reservation. Balance to be paid in April.		Jenni M 0439387426

27-30 Oct	Sun – Wed	Car Camp Booderee National park near Jervis Bay. Green Patch camping area. Booking essential 0244430977 or online. Hot showers and water. Walking, swimming, fishing.		Lynne M 0401 618092
2 Nov	Sat	Remote First Aid Training- 9am till 3pm - Charlestown Uniting Church Hall -Contribution of \$ 25 - Presenter Kylie Ledger. No certificate at completion of workshop. BYO morning tea & lunch Everyone enjoyed this interesting workshop when last run 2 years ago		Anne S 0427905530
10-17 Nov	Sun to Sun	BP – Snowy Mountains – Easier backpack and day walks – (Easy G4-5) My planned walk this year is for more Snowy Hut discoveries in the Tantangara Dam Area Drive down via Cooma to Namadgi NP and walk 4km to Waterhole Hut on the Settlers Track to camp, next drive to Tantangara area and walk 6km to Scofield Hut to camp for two nights and a daywalk in the location, then walk 10km south to Gavels Hut to camp and next day walkout 5km to vehicles, and drive and walk 4km to Hainsworth Hut on Long Plain for the night, before 10km walk over to Old Currango Hut to camp. Return 5km to vehicles and head down to Tumut/Adelong for the night. Limited numbers to 8 – full detailed maps and itinerary available. Maps: 1:25000 Tantangara, Denison, Rules Point	Drive down arrangeme nts TBA	Bob C 0417624091
18-22 Nov	Mon - Thur	Car Camp Booti Booti National Park south of Foster Ruins camping area. Booking essential 0265910300 or online > Canoeing, fishing, walking and swimming. > Hot showers and water.		Lynne M 0401 618092
23 Nov – 1 Dec		BP Victorian High Country *G5/61km/3230m/5 days walking. Mainly on footpad, including sections of the AAWT. 5 nights camping... (arriving at the final camp on the end of the 5 th Day) N.B. Travel time/car shuffles not included in the 5 days. Additional days required at either end of the walk, which will involve car camping/caravan parks TBA. Route includes: Mt Lovick, Mt Magdala, Mt Howitt and Mac Springs, Crosscut Saw, Mt Cobbler and Lake Cobbler. Opportunities to explore the local region. Maps and hiking notes to be supplied online later. Limited Numbers.	TBA	Meg W 0400669937
7-15 Dec.	Sat- Sun	BP. G5/7days. The walk is in 2 parts in Namadgi NP. The first is a 2 day circuit BP from Mt. Clear campground in the southern section of the park, mainly on track. We will visit several of the historic huts in the area. The second is a 5 day circuit, starting from Orroral campground, heading west on the AWT, then SE to Mt. Namadgi area. It is mainly off track and some exploratory. We will spend a day climbing Mt. Namadgi, Mt Burbidge and maybe Mt. Kelly, then continue east along Middle creek and then north to Rendezvous creek area, finishing back at Orroral Campground. Maps Yaouk 86262N, Rendezvous Creek 8626-1S.		Alan T. 0419491612

		<i>Limited numbers.</i>		
13 - 16 March 2025		2025 Blue Mountains Music Festival – It's not too early to start planning for this event by putting accommodation reservations in place – please advise me of your interest – Bob Clifton 0417624091		

Activity Grading

The grade of the activity is represented by four numbers: the terrain, the distance, the altitude gain and the duration. It appears for example as G3/12km/200m/4hrs. The type of terrain is represented by a grade number: **Grade 1 (G1)** – On roads or tracks, mostly flat. **Grade 2 (G2)** – Mostly on tracks, low gradient, relatively flat terrain. **Grade 3 (G3)** – Mostly on tracks, some hilly sections, rougher terrain. **Grade 4 (G4)** – Steeper, rougher terrain, may be off track. **Grade 5 (G5)** – Mostly off track, difficult terrain. **Grade 6 (G6)** – Strenuous off-track walks. The distance is the number of kilometres to be covered. The altitude gain is the total of all the separate climbs in the activity. The duration is the actual time taken for the activity, not including travelling time.

Grading is subjective and cannot consider all possible factors, so if you are uncertain about the grade, the terrain, or the experience and fitness required, ask the leader for advice.

Bookings: are required for all activities unless otherwise specified. People leading an activity for the club may decline any request to attend. Visitors are welcome on walks with the permission of the leader and are covered by the Club's insurance. Obtain the leader's permission before bringing any other person on an activity or if considering leaving an activity prematurely. People under the age of 18 must be accompanied by a responsible adult and are that person's responsibility for the duration of the activity. All participants are required to sign an Assumption of Risk (waiver) form.