

Newcastle Ramblers Bushwalking Club

PO Box 719 Charlestown NSW 2290

www.newcastleramblers.org.au

Autumn/Winter Programme 2024 (Updated 30th May 2024)

Activity Grading details are set out at the end of the program

TO SUBMIT AN ACTIVITY:

Email details to WALKS OFFICER at ramblerswalksofficer@gmail.com

TO JOIN AN ACTIVITY:

It is **essential** to contact (text, phone or email) the Leader at least 48 hours before the activity is scheduled to begin.

TO ATTEND A CLUB MEETING:

Club Meetings are held at 7:30pm on the 1st and 3rd Mondays of each month at our Uniting Church Hall, 24 Milson St, Charlestown.

DW: Day Walk, TW: Twilight Walk, BF: Breakfast Walk, BP: Backpack BR: Bike Ride CC: Car Camp PA: Paddle

MAY				
1 May	Wed	DW Yuelarbah Trackhead to Dudley Beach Loop (G3/9km/700M/3.5 hours) Walk to Dudley Beach via Leggy Point, return via GNW/Yuelarbah Track. Bring morning tea.	Meet at Yuelarbah Trackhead Carpark, Burwood Road at 8:30 am	Tracy 0414 843 024
1 May	Wed	Riverboat Postman G2 Cruise the Hawkesbury on the Riverboat Postman for 3 relaxing fun hours departs 10am BOOKINGS: Phone the company to book on 0400600111 and tell them you are with the Ramblers Places book out fast so book ASAP. \$55 concession includes cruise, morning tea and lunch	7.51am train from Cardiff station	Anne S 0427905530
4 May	Sat	Day Walk TBA		
5 May	Sun	DW. Yellow Billys Cave (G3-4/6km) Rough track some off track Beautiful walk along Broken Back range with views of Hunter valley to the bushranger's cave. Bring mtea/lunch A 30-minute drive to the transmission towers to commence walk.	Tinker's vineyard at 8.30am on the cnr of McDonald Rd and Oakey Rd Pokolbin	Lynne M 0401 618 092
6 May	Mon	Walk Planning Meeting – Winter Program Supper Lynne M	From June to September	Malcom M Walks Officer
8 May	Wed	B/R HEZ & Warakata Nat Park - 25km approx On road and off so narrow tyres not suitable. Quiet area, little traffic.	Meet: Leggetts drive 2km south of Kurri and Pelaw Main	Arthur R 0408 943 282
9 May	Thur	Ayrfield #3 (G3/11km/70m) -	Meet Edgeworth	David M 49546164

		A track through a lesser-visited part of Werakata NP. Views, inland vegetation, coal mining relics, dam. (Greta map)	Macca 8 am	
11 May	Sat	D/W The Glen at Craven (G3/10 km/250m) Walk from Wards Glen to Terrel Trip. The reserve is near the village of Craven. Map: Warranulla.		Arthur R. 0408 943 282
12 May	Sun	Day Walk TBA		
15 May	Wed	DW Caves Beach to Catherine Hill Bay and return (G3/12km /600M/ 4.5 hours) Walk to Catherine Hill Bay through Wallarah National Park past Pinney Beach and Shark Hole. Bring morning tea and lunch.		Tracy and Peter H 0414843024
18 May	Sat	Lisarow to Gosford Via Katandra Reserve, Toomy's rainforest walk, Rumbalara Reserve. (G3/12km/5hrs) Many features to be seen, panoramic view. Bring morning tea and lunch. Second last carriage upper level	Train Newcastle Interchange 6.53am, change at Wyong and arrive at Lisarow 8.16am.	Frank Text 0402456459
18 May	Sat	Explore Sculptures at Scratchleys at approx 10:30am. Bring morning tea or purchase along the way. Return via Darby Street providing an opportunity for lunch.	Meeting at Merewether Beach at 8.45. Walk starts at 9:00.	Jennifer R 0400 796 573
19 May	Sun	DW. Barrenjoey Lighthouse. (G2/G3) Catch the ferry from Ettalong wharf (9:30am) to Palm Beach. Walk up to Barrenjoey lighthouse and then return along beach side. Walk back to ferry terminal up over ridge through Wiltshire Park, Florida Rd and Pacific Rd. Probably 5-7 km?. Ferry costs \$14.70 (one way), need to be there 10 min prior to departure. Bring morning tea and lunch. Swimming. Possibly back for 2pm ferry - next ferry is 3:30pm.	Meet 8:30 Big Flower, Ourimbah to carpool.	Mary M 0413 285 961
20 May	Mon	Regular Meeting Members photos bring some to share. Supper Jenni M		
22 May	Wed	B/R -Cameron Park Loop (12.5 km, approx 1.5 hrs) , start 9.30 am Come and explore bike paths and quiet streets around Cameron Park, the new estate of Cameron Grove and West Wallsend. Some short climbs but get to enjoy great downhill coasts too, a small 200m section on dirt. There is usually parking available in the KFC carpark, near the Sugar Valley Library/Museum.	Meeting point – 9.30am Cameron Park shopping centre on Portland Place.	Call Dale G 0428399083.
25 May	Sat	D/W – Stockton Sand Dunes and Tin City (G4/10km/50m) D/W Stockton Sand Dunes and Tin City – Great walk through bushland to dune system along Tank Track, then north along Stockton Beach to Tin City for lunch before returning to vehicles.	Meet on side of the road opposite coffee shop after	Bob C 0417624091

			crossing Stockton Bridge at 8.00am	
26 May	Sun	Day Walk TBA		
May 29	Wed	DW Werakata National Park Loop - G3/G4 10km 300M 3.5 hours Walk via Tomalpin Trail and Elrington Trails. Walking mostly on fire trails and some tracks. Bring morning tea and lunch.	Meet George Jeffery Park, Caledonia Street, Kearsley at 9:00 am	Tracy 0414843024
31 May – 2 June	Fri-Sun	BP. Long Wheeney Creek/Royce's Arch (G5/approx 34km /900m /3 days) (Mostly off track) Limited Numbers Maps: Wirraba 1:25000	TBA	LynneK 0435889233
<i>Winter Programme</i>				
JUNE				
1-2 June	Sat-Sun	Photography course 2 x 1/2 days details TBA		David M 0427 783 059
1 June	Sat	Day Walk TBA		
2 June	Sun	Day Walk Fingal to One Mile - G3/8km/4hrs. Coastal Tracks, rocky headlands, some beach walking. Maps Morna Point, Port Stephens. <i>Car Shuffle</i> .		Alan T 0419491612
3 June	Mon	Regular Meeting: Boyd Carney NWPS Broom Bash – Managing Scotch Broom in the Barrington Tops National Park Supper Tracy H		
5 June	Wed	BR Raymond Terrace-Medowie return 32 km return, mostly on cycle way, one hill and a few ups and downs https://maps.app.goo.gl/SvqrDZzXxY3jD6798 .	10 am start from Boomerang Park Raymond Terrace	Philippa H 0402844147
8 June	Sat	Day Walk TBA		
9 June	Sun	Day Walk Berowra to Cowan Station G4/ 14km/ 5 hrs/ 200m ascent. . This is one of the best parts of the GNW, offering wonderful views over Berowra Waters. The climb up from Berowra Waters is fairly steep in places, but is all on track.	Meeting: 6:53 from NI, 6:59 BM, 7:06 Car; 7:17 Fass.	Alan T 0419491612
10 June	Mon	Long Weekend Public Holiday Box Head (ocean side) - (G5/8km/220m) Walk from Wagstaffe to Box Head, steep climb down, then follow the rock platform around the ocean side to Little Tallow Beach then Tallow Beach. Rock engravings, wonderful coastal scenery, possibly seals. Visit Lobster Beach if there is enough time. Bring afternoon tea for back at the cars. Map: Broken Bay		David M 49546164

June 12	Wed	DW Yuelarbah Trackhead to Dudley Beach Loop G3/G4 9km 700M 3.5 hours Walk to Dudley Beach via Leggy Point, return via GNW/Yuelarbah Track. Bring morning tea and lunch.	Meet at Yuelarbah Trackhead Carpark, Burwood Road at 9:00 am	Tracy 0414 843 024
14-16 June	Fri-Sun	BP. Burragurra. (G5 /approx 30 km /1250m/3 days) (Mostly off track) Limited Numbers Maps: Murray's Run and Kulnura 1:25000	TBA	LynneK 0435889233
15 June	Sat	Day Walk (G2/9km/80M) Green Point Walk to Belmont 16 Footers Club for lunch & return	Meet 9.45AM end of Dilkera Avenue Valentine at Green Point Reserve entrance	Anne S 0427905530
16 June	Sun	Day Walk TBA		
17 June	Mon	Regular Meeting Club Auction – Bring things to auction and money to buy! There will be strudel and Jam! Supper Margaret C		
18-19 June	Tue/Wed	Easy B/P to Alidade Hill above the Colo River G4-5/60m/ up to 5km each day. Pleasant drive down via the Putty Road, along Grassy Hill FT and B/P 2km to set up camp before climbing off track 60m to ridgeline above and 1km to Alidade Hill for wilderness views and to rebuild cairn. Next day return to drive along the Culoul FT into Hollow Rock. Limited numbers Maps: 1:25000 Colo Heights and Six Brothers	Meeting and travel arrangements TBA	Bob C 0417624091
19 June	Wed	B/R TBA – Leader Required		
22 June	Sat	D/W Telegraphy Park walks then G4/ 3km/ 100m Problem Creek Falls. Bring M/T & Lunch Map Chichester	Time and meeting arrangements TBA	Malcolm M 0429641640
23 June	Sun	Day Walk TBA		
26 June	Wed	Day Walk TBA		Tracy 0414 843 024
28-30 June	Fri-Sun	BP. The Pondage/ Gardens of Stone (G4-5/20 km /500m/ 3 days) (Off Track) Limited Numbers Maps: Ben Bullen 1:25000	TBA	LynneK 0435889233
29 June	Sat	Day Walk TBA		
30 June	Sun	Day Walk Giant's Leap and Phipps' Cutting (G3/3+4km/210+30m) Climb to a very prominent rock outcrop above Sandy Hollow for views up and down the Goulburn River Valley. Then drive along the Goulburn to Phipps' Cutting to walk the original road around Hope Hill. Bring afternoon tea for back at the cars. Sandy Hollow and Kerrabee maps.		David M 49546164

Date TBC		Preparing for the Nav Shield: Using a Compass & Map Reading		Alan T 0419491612
JULY				
1 July	Mon	Regular Meeting A presentation on members' recent trip to Japan Supper		
3 July	Wed	B/R Leader Required		
6 July	Sat	Day Walk Mountaineer (G4/8k/600m) Walk the Mountaineer Trail to a hut. This walk is steep up & down on old fire trail. Bring M/T & Lunch (warm up for NAV shield) Map Chichester		Malcolm M
7 July	Sun	Day Walk TBA		
10 July	Wed	D/W Lyrebird Rainforest Walk in the Watagans from the Basin Camping ground – G3/7km/100m	8.00am Glendale McD	Bob C 0417624091
13 July	Sat	Day Walk The Gap Servo Brunkerville to Wakefield (Great North Walk trail) via the Natural Arch (G3/10km/5hrs) Great views along sections of the trail. Amazing Natural Arch. It is a short walk through open forest to the Natural Arch. Bring morning tea and lunch.	Meet at the Rural Fire Service building at Wakefield then there will be a car shuffle to the Gap Servo.	Frank Text 0402456459
14 July	Sun	Day Walk TBA		
15 July	Mon	Regular Meeting Presentation on the Navigation Shield by Lois and Malcolm		
17 July	Wed	B/R Leader Required		
19-21 July	Fri-Sun	CC. Navigation Shield. Adventure weekend run by NSW Emergency Services. Join one of the Ramblers Teams for this fun navigation competition. No experience necessary although we usually offer a training walk or two in the weeks before the actual Competition. Participants are advised of the location a few days before the comp. Usually within 2 or 3 hour drive from Sydney. Need to be set up by 6:00pm on the Friday night to collect Maps and for team to plan strategy. Club has compasses for loan – contact Alan 0419491612.	TBA	Angela: ramblerswalksoffi cer@gmail.com
20 July	Sat	Day Walk TBA		
21 July	Sun	Day Walk TBA		
24 July	Wed	D/W Walk Jerusalem Creek south loop. G4/1km/100m - Steep slippery walk down to base of 30m falls Then option to walk or drive to Picnic area to see Jerusalem Falls then drive up hill to walk to Dundungra Falls. Bring M/T & Lunch.		Malcolm M 0429641640
27 July	Sat	Day Walk TBA		
28 July	Sun	Day Walk TBA		
31 July	Wed	B/R Leader Required		

AUGUST				
3 August	Sat	Day Walk TBA		
4 August	Sun	Day Walk TBA		
5 August	Mon	Regular Meeting Walks Planning Meeting for Spring-Summer Programme Supper		
7 August	Wed	Day Walk Leader Required		
10 August	Sat	Day Walk TBA		
11 August	Sun	Day Walk TBA		
14 August	Wed	B/R Carrington Circuit approx. 25 km Circuit from Carrington along Throsby Ck, through Mayfield and Waratah to the University. Return via Brickworks Park, Jesmond, Lambton and Broadmeadow. Cycle Paths and quietish roads; a bit up and down through the university.	10 am Connelly Park Fitzroy St Carrington 10 am	Philippa H 0402844147
17-19 August	Sat- Mon	B/P Mt. Yengo NP. (G5/3days /30 km) Mostly off track, Nav walk. Day 1. Howes Arm to Mountain Arm Camp. Day 2. Riley's Paddock via Tumbledown Ck. Day 3 via Timor Creek to Nowlands Trail and out. Requires 2 cars.		Alan T 0419491612
17 August	Sat	Day Walk TBA		
18 August	Sun	Day Walk TBA		
19 August	Mon	Regular Meeting		
21 August	Wed	TBA Leader Required		
24 August	Sat	Day Walk TBA		
25 August	Sun	Day Walk TBA		
28 August	Wed	B/R TBA		
30 August	Sat	Day Walk TBA		
31 August	Sun	Day Walk		

Future Events

20-27 Oct	Sun- Sun	Yarrangobilly Caves House. (G2-G4) A week of DWs in Yarrangobilly Area and Snowy area. Accommodation at Yarrangobilly Caves House. Limited Numbers. Cost \$425pp. Deposit of \$200 to hold your reservation. Balance to be paid in April.		Jenni M 0439387426
2 Nov	Sat	Remote First Aid Training- 9am till 3pm - Charlestown Uniting Church Hall -Contribution of \$ 25 - Presenter Kylie Ledger . No certificate at completion of workshop. BYO morning tea & lunch Everyone enjoyed this interesting workshop when last run 2 years ago		Anne S 0427905530
10-17 Nov	Sun to Sun	BP – Snowy Mountains – Easier backpack and day walks – (Easy G4-5) My planned walk this year is for more Snowy Hut discoveries in the Tantangara Dam Area Drive down via Cooma to Namadgi NP and walk 4km to Waterhole Hut on the Settlers Track to camp, next drive to Tantangara area and walk 6km to Scofield Hut to camp for two nights and a daywalk in the location, then walk 10km south to Gavels Hut to camp and next day walkout 5km to	Drive down arrangements TBA	Bob C 0417624091

		vehicles, and drive and walk 4km to Hainsworth Hut on Long Plain for the night, before 10km walk over to Old Currango Hut to camp. Return 5km to vehicles and head down to Tumut/Adelong for the night. Limited numbers to 8 – full detailed maps and itinerary available. Maps: 1:25000 Tantangara, Denison, Rules Point		
Late Nov		BP Victorian High Country *G5/61km/3230m/5 days) (travel time/car shuffles not included in this time) Route includes: Mt Lovick, Mt Magdala, Mt Howitt and Mac Springs, Crosscut Saw, Mt Cobbler and Lake Cobbler. Mainly on footpad. Opportunities to explore the local region. Maps and hiking notes to be supplied online later. Limited Numbers.	Bookings not taken until later in the year.	Meg W 0400669937
7-15 Dec.	Sat-Sun	BP. Kosciusko NP. (G5) Route TBA will depend on Park closures and Snowy 2 construction. <i>Maximum 8. 2023 participants get priority.</i>	Not taking bookings until midyear.	Alan T. 0419491612

Activity Grading

The grade of the activity is represented by four numbers: the terrain, the distance, the altitude gain and the duration. It appears for example as G3/12km/200m/4hrs. The type of terrain is represented by a grade number: **Grade 1 (G1)** – On roads or tracks, mostly flat. **Grade 2 (G2)** – Mostly on tracks, low gradient, relatively flat terrain. **Grade 3 (G3)** – Mostly on tracks, some hilly sections, rougher terrain. **Grade 4 (G4)** – Steeper, rougher terrain, may be off track. **Grade 5 (G5)** – Mostly off track, difficult terrain. **Grade 6 (G6)** – Strenuous off-track walks. The distance is the number of kilometres to be covered. The altitude gain is the total of all the separate climbs in the activity. The duration is the actual time taken for the activity, not including travelling time.

Grading is subjective and cannot consider all possible factors, so if you are uncertain about the grade, the terrain, or the experience and fitness required, ask the leader for advice.

Bookings: are required for all activities unless otherwise specified. People leading an activity for the club may decline any request to attend. Visitors are welcome on walks with the permission of the leader and are covered by the Club's insurance. Obtain the leader's permission before bringing any other person on an activity or if considering leaving an activity prematurely. People under the age of 18 must be accompanied by a responsible adult and are that person's responsibility for the duration of the activity. All participants are required to sign an Assumption of Risk (waiver) form.