

Newcastle Ramblers Bushwalking Club

PO Box 719 Charlestown NSW 2290

www.newcastleramblers.org.au

Autumn Programme 2024

Activity Grading details are set out at the end of the program

TO SUBMIT AN ACTIVITY:

Email details to WALKS OFFICER at ramblerswalksofficer@gmail.com

TO JOIN AN ACTIVITY:

Contact (text, phone or email) the Leader at least 48 hours before the activity is scheduled to begin.

TO ATTEND A CLUB MEETING:

Club Meetings are held at 7:30pm on the 1st and 3rd Mondays of each month at our Meeting Hall, 24 Milson St, Charlestown.

DW: Day Walk, TW: Twilight Walk, BF: Breakfast Walk, BP: Backpack BR: Bike Ride CC: Car Camp PA: Paddle

		February		
2 Feb	Fri	TW. Newcastle City Council "Convict and Industry" self-guiding walk. G2/6km/70m. Starts at Convict Lumber yard and winds its way through the city and up to the Bogey Hole, then back down to Newcastle Museum. I expect it will take about 2 hrs. All on footpaths, moderately steep gradient to Shepherds Hill and back.	Meet outside Scratchley's Restaurant on Hunter River. Start walking 5:30. Optional Fish and Chips for tea at Scratchley's on return.	Alan T. 0419491612
3 Feb	Sat			
4 Feb	Sun			
Feb 5	Mon	Regular Meeting. Walks Planning Meeting. Supper Dale G.		
Feb 9-11	Fri - Sun	CC. Nundle Blackberry picking Stay at Nundle Caravan Park in van, cabin or tent, we will take our van. Friday dinner at the Hotel Sat drive to Hanging Rock for picking Saturday dinner at Bowling Club. You can come for picking or just for a relaxing weekend away.		Ingrid W 0427 553212
11-14 Feb	Sun-Wed	BP. Tasmania. Three Capes Walk. Track Walk and Hut Accommodation 11, 12 and 13 Feb Fortescue Bay to Port Arthur Shuttle 16:00, 14 Feb Adult \$495. Concession \$396.		Bob B. 0403272266
10-21 Feb	Sat-Tues	Three Capes Walk and East Coast Tasmania- Join Bob Barber on his Three Capes Walk and later walks to Cockle Creek, Mt Field and other locations – Fly, stay in cabins, car hire involved – numbers limited	TBA	Bob C. 0417624091
10 Feb	Sat			

11 Feb	Sun	DW Birubi to Morna Point Return. G4/10k/5hr/100m. Circuit coastal walk along rock platforms and through coastal headlands, Swimming. Maps Morna Point.	Meet Iris Moore Reserve, Birubi Point 8am.	Angela: ramblerswalksoffi cer@gmail.com
14 Feb	Wed	BR. Budgewoi Lake Loop possibly including Norah Head ~ 30 km , mostly on cycleway, some quiet streets, mostly flat.	Start from Slade Park Budgewoi at 8 am.	Philippa H. 0402844147
17 Feb	Sat	DW Cameron Park - Urban walk and history talk G2/ 5 km/2.5 hrs. Walk approx. 5 km through parklands on paths (around Pasterfield Sports Complex and Cameron Park green areas) before returning to Sugar Valley Library Museum for a ½ hr guided tour at 11 am.	Meet at Cameron Park Plaza shopping centre car park, Portland Place at 9 am. (Please park near the Sugar Valley library or in KFC carpark)	Dale G. 0428399083
18 Feb	Sun			
Feb 19	Mon	Regular Meeting – Members photos. Please bring some to share. Supper by Norm W.		
Feb 21	Wed	Paddle/. 9km return, 2hrs. From Blackalls Park & along Stony Creek to the tidal limit. Morning tea back at Blackall Park, then for those that would like a short paddle, we will paddle up LT Creek, 2km return, 1hr. Suitable for both sit-in & sit-on kayaks.	Contact leader for meeting time & location	Alan S. 0408 657912
Feb 21	Wed	BR. TBA		
Feb 24	Sat			
Feb 25	Sun	DW. Stockton Bridge and Shipwreck Walk. G2/9 km/approx. 3 hours/flat (except for the walk over the Stockton Bridge!) After crossing the bridge, visit the Stockton Cemetery before wandering along the Stockton Esplanade and breakwater and Shipwreck Walk. Return along the breakwater to the Stockton Ferry Terminal Cafe for coffee. Car shuffle needed. Maps: Williamtown 1:25000	Meet on the Sth side of the Stockton Bridge at the intersection of Teale St and Greenleaf Rd at 8 am (near the Stockton Bridge Boat Ramp)	Lynne 0435889233
Feb 29	Thur	TW Merewether G3 approx 4.5km. Walk from Merewether Baths around to Burwood beach, then up the stairway to the hang glider pad & Hickson St, then back down the Hickson Ave steps to the baths. Dinner afterwards at the Beach Hotel.	Meet 5.30 at the top car park in Frederick St, above Merewether baths	Margaret C 0412 194194
		MARCH		
Mar 2	Sat	DW. Redhead Lookouts/Awabakal Reserve/Fernleigh Track G2-3/10km/approx 3.5 hours/120m Climb the 'Bluff' and check out the views, then continue through the Awabakal Reserve to the Awabakal Filed Centre. Cross onto the Fernleigh Track to walk back to Redhead and return to the cars via the	Meet at Webb Park, Redhead at 8 am	Lynne 0435889233

		wetlands. Optional coffee at one of the Redhead cafes. Maps: Swansea and Wallsend 1:25000		
Mar 3	Sun	DW. Lake Macquarie Gallery G3 2 –3 hours walk Exhibition plus morning tea	Meet 8am at Gallery	Kate R 0439 374323
Mar 4	Mon	Regular Meeting – Talk “Preparing the Hall for a meeting” – Malcolm M. Supper by Nell W.		
Mar 6	Wed	B/R - TBA		
Mar 7	Thur	TW. Wangi Point/G3/4km Pleasant stroll thru Lakeside track Grade 3 as it has a few gentle rises with some steps. Bring supper snack &. beverage	Meet at track head on Reserve Rd at 5:30pm near the junction of Pelican & Dobell Drives Wangi Wangi (beyond the caravan park if you approach that way)	Angela L 0438 016162
Mar 9	Sat	One Tree Hill in the Watagans G4/9k/4hrs Drive to the end of Bowmans road, walk along the road for a while, then an easy scrub bash to the lookout point of the Congewai Valley for morning tea. Continue on through the scrub for a short distance then drop down for an undercliff walk to an exit point to join up with the Harris trail. A slight detour to view One Tree Hill, then back to the Harris trail for the walk back to the vehicles along the trail. It's an easy scrub bash but still requires a good fitness level. Bring morning tea and lunch, gloves.	Meet 8.00am at Freemans Waterhole Shell Service Station end.	Frank Text 0402456459
Mar 10	Sun	REDHEAD RAMBLE G3 Walk down the cliff to the tessellated pavements, Awabakal Reserve, Fernleigh Track, the lagoon, the Owens Walkway & Redhead Beach. It will be shortened & changed if the weather is extremely hot.	MEET at the park in Ocean St, Redhead, at 9am.	Margaret Covi, 0412 194 194
Mar 13	Wed	B/R TBA		
Mar 13	Wed	DW Maritime Museum A pleasant walk from Central to Darling Harbour via The Old Goods Rail Line approx 30 minutes. Meet our guide Peter Crawley for a tour of The Maritime Museum. Bring lunch or eat at a nearby cafe. We will return to Central in time for 3:15pm train.	Morning train times: Hamilton 7:28 B'meadow 7:31 Cardiff 7:38 Fassifern 7:49 Morisset 8:05 Central 9:59	Robert Gascoigne 0428 385 121
14-17 Mar	Thur-Sun	CC Blue Mountains Music Festival - Bushwalks and Music - - Drive to Katoomba on Thursday 14 March to stay 3 nights and attend BMMF - Google for details - early bird tickets on sale now - stay in ABB or at the YHA. On Friday we will do a good day walk before the music starts in the evening. Short morning walks on Sat	Please let me know if you are interested and I may be able to assist with accommodation – YHA and ABB are available at the moment for less \$100/p/n on a shared basis	Bob Clifton 0417624091

		and Sun - please let me know if you are interested		
16 Mar	Sat			
17 Mar	Sun			
Mar 18	Mon	Annual General Meeting Supper by Ingrid W.		
20 Mar	Wed	B/R TBA		
18-22 Mar	Mon-Fri	CC. Barrington Tops. 4 nights car camping in Barrington Tops for day walks. Similar, but different to Bob's activity in January. Come for the 4 nights, or for some of it. It is 1500 metres above sea level, so nights will be cool & days a lovely temperature for walks. <i>Restricted to 10.</i>		Alan S. 0408 657912
23 March	Sat	DW. Point Clare to Woy Woy (Egyptian Hieroglyphs Walk) G3/11km /5hrs Check out the mini canyon with walls inscribed in mysterious Egyptian Hieroglyphs, Aboriginal rock carvings, interesting rock pools and waterfall, huge rock overhang with Aboriginal rock art, panoramic views. Bring morning tea and lunch.	Train Newcastle Interchange 6.53am Change at Wyong. I will be getting on at Cardiff. Second last carriage upper level.	Frank Text 0402456459 or frank.kupina@live.com.au
24 Mar	Sun	DW Brunkerville G3-4/8km/500m/4 hours Part of GNW heading east towards Teralba from Brunkerville. All on fire trail, some steep sections. Bring morning tea Map Quorrobolong and Wallsend		Jenni M 0439 387 426
26 Mar	Tues	TW Redhead G2/5km/20m/1.5 hrs. Walk on the boardwalk and tracks through wetlands to the beach. Optional dinner at a restaurant nearby. Map: Street Directory	Meet 5.30 pm Webb Park, Beach Rd. Redhead.	Jenny B. 0419249335
27 Mar	Wed	B/R – Soldiers Point-Fingal Bay return ~ 38 km , mostly on cycleway but short distance on dirt/sand surface and some road riding,	start at Spencer Park, Resthaven Avenue, Soldiers Point at 10 am (note later start time).	Philippa H 0402844147
28 Mar	Thur	TW CAMERON PARK Dinner afterwards overlooking the water at the Harrigans Cameron Park Hotel.	Meet at 5.30 pm at the Pasterfield Sports Complex, Horizon Ave, Cameron Park	Margaret Covi, 0412 194 194
29 Mar- 1 Apr	Fri-Sun	EASTER WEEKEND – looking for someone to organise this year's Easter CC.	??	??
30 Mar	Sat	DW Birubi to 1 mile Beach. G3 9km Easy coastal walk part of Tomaree Coastal walk. Bring M/T Lunch	Meet Iris Moore Reserve 8.30 to organize car shuffle	Lynne M 0401 618092
		APRIL		
1 Apr	Mon	Easter Monday - No Meeting		
3 Apr	Wed	B/R TBA		
6 Apr	Sat			
7 Apr	Sun			

9 Apr	Tues	TW The Parks of 2300 G2/3 Walk to Church Park Walk, Arcadia Park, KEP, Anzac Walk, Nesca Park, Centennial Park. Optional meal at Lowlands Bowling Club. Walks notes available.	Meet at Civic Park at 5:00 pm	Bob C 0417 624901
10 Apr	Wed	B/R Coalfields ~ 30 km , all on sealed road,	Start from Howe Park, William Street, Abermain at 10 am (note later start time) .	Philippa H 0402844147
11 Apr	Thur	DW Visit to Shortland Wetlands		
13 Apr	Sat			
14 Apr	Sun	DW Rocky Crossing (near Dungog) G3 Classic Walk in the foothills of Barrington Tops	Meet at Hexham MacDonalds 7.30 am	Kate R 0439 374323
15 April	Mon	Regular Meeting. Guest speaker, Johannes Hendriks "9 days packrafting the Franklin River in TASMANIA. - with a side trip to Frenchman's Cap." Discussion will include the use of Garmin in Reach as an emergency communication device, a means of communicating with family and indicating position using Garmin Mapshare. Mapshare was used for rainfall forecasts & river flows. Supper Anne S.		
17 Apr	Wed	B/R - TBA		
19 - 20 Apr	Sat	CC Baerami Bush Dance		Barry W 0431 237976
19 Apr	Sat			
20 Apr	Sun			
24 Apr	Wed	B/R Gresford & Vacy, ~ 44 km (14 km gravel unsuitable for road tyres) , some hills	Start at Gresford Community Park, 12 Park Street, East Gresford at 10 am (note later start time) .	Philippa H 0402844147
25 Apr	Fri	D/W Warakata Conservation area (ANZAC Day) G3/6km/50m Near Pelaw Main on tracks part of the future Richmond Vale Rail Trail Map: Cessnock		Arthur R. 0408 943 282
26 Apr	Sat			
27 Apr	Sun			
		MAY		
1 May	Wed	B/R TBA		
1 May	Wed	Riverboat Postman G2 Cruise the Hawkesbury on the Riverboat Postman for 3 relaxing fun hours departs 10am BOOKINGS: Phone the company to book on 0400600111 and tell them you are with the Ramblers Places book out fast so book ASAP	7.51am train from Cardiff station	Anne 0427905530

		\$55 concession includes cruise, morning tea and lunch		
4-5 May	Sat-Sun	BP. Johnsons Beach. Very Easy (Good for beginners) G2-3/17.5km/200m/2 days (N.B. The day walks are without backpack and make up 9.5 km with 160m elevation gain) Drive to Mungo Brush for the Mungo Rainforest Track and then to Boomeri for a picnic lunch on the lake. Walk to Johnson's Beach (4 km) to set up camp and explore Johnsons Hill in the afternoon. Leave Johnsons Beach mid-morning on Sunday to return to Boomeri (4 km). Drive to Mungo Brush for a short walk along the Tamboi Walking track and lunch. Maps: Bombah Point and Myall Lake 1:25000	Meet Saturday morning at Hexham McDonald's at 8:30 am or Hawkes Nest (place TBA) at 9:30 am	Lynne 0435889233
4 May	Sat			
5 May	Sun			
6 May	Mon	Regular Meeting	1 Apr	
8 May	Wed	B/R TBA		
11 May	Sat	D/W The Glen at Craven G3/10 km/250m Walk from Wards Glen to Terrel Trip. The reserve is near the village of Craven. Map: Warranulla.		Arthur R. 0408 943 282
12 May	Sun			
15 May	Wed	B/R TBA		
20 May	Mon	Regular Meeting		
18 May	Sat	Lisarow to Gosford Via Katandra Reserve, Toomy's rainforest walk, Rumbalara Reserve. G3/12km/5hrs Many features to be seen, panoramic view. Bring morning tea and lunch	Train Newcastle Interchange 6.53am, change at Wyong and arrive at Lisarow 8.16am. Second last carriage upper level	Frank Text 0402456459
19 May	Sun			
22 May	Wed	B/R TBA		
25 May	Sat			
26 May	Sun			
29 May	Wed	B/R TBA		
25-26 May	Sat-Sun	CC and Day Walks in Bouddi NP (Tents only at Putty Beach Campground – close to car) Sat: Box Head G4/7km/250m/4 hours Loop Walk starting at Pretty Beach (One section is off track with a short but steep descent onto the rock platform followed by some rock hopping) Sun: Coast Walk from Putty Beach to Macmasters Beach G3/7km/220m/4 hr (including time to enjoy the views). Car shuffle needed.		Lynne 0435889233

		Option to just do a single day walk. Individual booking of camp sites needed – https://www.nationalparks.nsw.gov.au/camping-and-accommodation/campgrounds/putty-beach-campground		
31 May – 2 June	Fri-Sun	BP. Long Wheeney Creek/Royce's Arch G5 /approx 34km /900m /3 days (Mostly off track) Limited Numbers Maps: Wirraba 1:25000	TBA	Lynne 0435889233
		FUTURE EVENTS		
3 June	Mon	Regular Meeting: Boyd Carney NWPS Broom Bash – Managing Scotch Broom in the Barrington Tops National Park		
14-16 June	Fri-Sun	BP. Burragurra. G5 /approx 30 km /1250m/3 days (Mostly off track) Limited Numbers Maps: Murray's Run and Kulnura 1:25000	TBA	Lynne 0435889233
28-30 June	Fri-Sun	BP. The Pondage/ Gardens of Stone G4-5 /approx 20 km /500m/ 3 days (Off Track) Limited Numbers Maps: Ben Bullen 1:25000	TBA	Lynne 0435889233
Usually, late July (date TBA)	Fri-Sun	CC. Navigation Shield. Adventure weekend run by NSW Emergency Services. Join one of the Ramblers Teams for this fun navigation competition. No experience necessary although we usually offer a training walk or two in the weeks before the actual Competition. Club has compasses for loan – contact Alan 0419491612.	TBA Participants are advised of the location a few days before the comp. Usually within 2 or 3 hrs drive from Sydney. Need to be set up by 6:00pm on the Friday night to collect Maps and for team to plan strategy.	Angela: ramblerswalksofficer@gmail.com
May 24		EOI - FRANCE MAY-OCTOBER 2024 hexatrek.com 3034klms 138,000 m elevation gain, loss G6. Budget about \$12K. Very, very limited numbers (3) 15th May 2024 to 1st October 140 days (just a guide) including 20 zero days. HexaTrek is a 3034 km hiking trail, connecting 14 of the most beautiful national parks and crossing France from the Vosges to the Pyrenees. The path follows the highest mountain regions joining together some of the most emblematic summits, natural wonders and wildest places. Stopping off in the most picturesque villages. This walk has stunning scenery, (ignore) concentrate instead on the fact this will be a hard walk with 138,000 metres of elevation change.		Alan K. 0411367428 alankellyplumbin@gmail.com

20-27 Oct	Sun-Sun	Yarrangobilly Caves House. A week of DWs (G2-G4) in Yarrangobilly Area and Snowy area. Accommodation at Yarrangobilly Caves House. Limited Numbers. Cost \$425pp. Deposit of \$200 to hold your reservation. Balance to be paid in April.		Jenni M 0439387426
2 Nov	Sat	First Aid Training- The Committee is organising a training course.		
23 Nov - 1 Dec.	Sat-Sun	BP. Kosciusko NP. G5. Route TBA will depend on Park closures and Snowy 2 construction. <i>Maximum 8. 2023 participants get priority.</i>	Not taking bookings till mid-year.	Alan T. 0419491612
Late Nov		BP Victorian High Country G5/61km/3230m/ walking 5 days and 5 nights (travel time/car shuffles not included in this time) Route includes: Mt Lovick, Mt Magdala, Mt Howitt and Mac Springs, Crosscut Saw, Mt Cobbler and Lake Cobbler. Mainly on footpad. Opportunities to explore the local region. Maps and hiking notes to be supplied online later. Limited Numbers.	Bookings not taken until later in the year.	Meg W 0400669937

Activity Grading

The grade of the activity is represented by four numbers: the terrain, the distance, the altitude gain and the duration. It appears for example as G3/12km/200m/4hrs. The type of terrain is represented by a grade number: **Grade 1 (G1)** – On roads or tracks, mostly flat. **Grade 2 (G2)** – Mostly on tracks, low gradient, relatively flat terrain. **Grade 3 (G3)** – Mostly on tracks, some hilly sections, rougher terrain. **Grade 4 (G4)** – Steeper, rougher terrain, may be off track. **Grade 5 (G5)** – Mostly off track, difficult terrain. **Grade 6 (G6)** – Strenuous off-track walks. The distance is the number of kilometres to be covered. The altitude gain is the total of all the separate climbs in the activity. The duration is the actual time taken for the activity, not including travelling time.

Grading is subjective and cannot consider all possible factors, so if you are uncertain about the grade, the terrain, or the experience and fitness required, ask the leader for advice.

Bookings: are required for all activities unless otherwise specified. People leading an activity for the club may decline any request to attend. Visitors are welcome on walks with the permission of the leader and are covered by the Club's insurance. Obtain the leader's permission before bringing any other person on an activity or if considering leaving an activity prematurely. People under the age of 18 must be accompanied by a responsible adult and are that person's responsibility for the duration of the activity. All participants are required to sign an Assumption of Risk (waiver) form.